# Rosemary Olive Oval

## Nutrition Facts

About 15 servings per container

**Serving size** **1 slice (45g)**

**Amount Per Serving**

**Calories** **100**

| | % Daily Value* |
|---|---|
| **Total Fat** 1.5g | **2%** |
| Saturated Fat 0g | **0%** |
| *Trans* Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 280mg | **12%** |
| **Total Carbohydrate** 18g | **7%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 0g | |
| Includes 0g Added Sugars | **0%** |
| **Protein** 3g | **6%** |
| Vitamin D 0mcg | 0% |
| Calcium 10mg | 0% |
| Iron 0.9mg | 6% |
| Potassium 40mg | 0% |
| Thiamin 0.1mg | 10% |
| Phosphorus 40mg | 4% |
| Magnesium 10mg | 2% |
| Zinc 0.3mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED UNBLEACHED FLOUR, WATER, WHOLE WHEAT FLOUR, RYE FLOUR, OLIVES, ROSEMARY, SEA SALT, BARLEY MALT

CONTAINS: WHEAT

CROOKED TREE BREADWORKS
2264 M119 STE#5
PETOSKEY, MI, 49770